

anova

WORKSHOPS & TRAINING

DISCLOSURE TRAINING

Disclosure Training provides practical tools to respond to disclosures of gender-based violence in a way that reduces the negative impact of trauma while helping the child or youth feel safe, seen, and secure. Participants will leave with an increased understanding of gender-based violence from an intersectional, trauma-informed lens, as well as a list of local resources for further support.

CONSENT 101 (YOUTH)

Consent 101 focuses on understanding sexual violence and consent through a legal and a trauma-informed lens. We look more deeply at what sexual consent means and looks like in practice, and as well as some of the social conditions that impact our understanding of these topics. Participants will leave with a deeper understanding of consent communication, as well as with practical tools for sharing these lessons with youth.

ABC'S OF CONSENT (CHILDREN)

We all know that understanding consent is an important life skill, but teaching it to young children can sometimes be difficult. This session discusses not only the importance of modelling consent and bodily autonomy to infants and children, but also how to navigate boundaries and ensure safety. Participants will leave with a deeper understanding of early childhood consent education, as well as the tools for putting theory into practice.

Interested in learning more?

Download our free resource!

[A Caregiver's Guide to Teaching the ABCs of Consent](#)

ALL WORKSHOPS & TRAININGS

- ✓ Customizable & adapted to your group
- ✓ Flexible scheduling including evenings & weekends