



WORKSHOPS & TRAINING

FOUNDATIONS OF GBV

Foundations of GBV provides groundwork for understanding gender-based violence through a feminist, trauma-informed lens. In this training, participants gain a deeper understanding of what gender-based violence is, as well as an opportunity to reflect on the social conditions that allow it to flourish.

DISCLOSURE TRAINING

Disclosure Training provides practical tools for professionals to respond to disclosures of GBV in a way that reduces the negative impact of trauma while providing position-appropriate support. Participants will leave with an increased understanding of gender-based violence from an intersectional, trauma-informed lens.

BYSTANDER INTERVENTION

Bystander Intervention is the ability to know what to do when a situation arises that requires assistance or interruption. This workshop focuses on bystander intervention as it relates to instances of gender-based violence (GBV), and how to safely intervene. Participants will leave with an understanding of what bystander intervention is, what GBV looks like, and how to safely intervene in day-to-day life.

TRAUMA-INFORMED PRACTICE

Trauma-Informed Practice training provides practical tools for integrating trauma-informed concepts into service delivery. Participants are introduced to the impacts of trauma and taught the value of providing trauma-informed services. Participants will leave with a deepened understanding of the four key principles of trauma-informed practice: understanding trauma, building trust, centering choice and using strengths-based approaches to service provision.

SAFETY PLANNING

Safety Planning gives participants the tools to safety plan with survivors of gender-based violence. This workshop includes learnings in risk assessment and management, tech-facilitated violence, and the various planning considerations required for survivors who are currently in an abusive relationship, planning to leave, and/or have already left. Participants will leave with a safety planning toolkit.

ALL WORKSHOPS & TRAININGS

- ✓ Customizable & adapted to your group
- ✓ Flexible scheduling including evenings & weekends