This unprecedented challenge created new and compounded risks for folx experiencing gender-based violence and for those who support them. For those living with abusers, staying home for months on end substantially increased the risk and severity of gender-based violence. Our community’s need for safe shelter, support and advocacy grew immediately and urgently.

Relying on its strong leadership team and deep-rooted community relationships, Anova pivoted rapidly to ensure continuous safe, trauma-informed support. This required both immediate, ongoing changes to operations, as well as multi-level advocacy with funders, juggling political decisions with the needs of the folx we serve and the unpredictable forces of a relentless virus.

From enhanced safety protocols to shifts in various support mechanisms, Anova made countless changes over the past year, including:

• finding and staffing alternative housing for women and their children;
• keeping our shelter doors open and COVID-safe;
• answering calls on our support line 24/7, regardless of lockdowns; and
• create new opportunities for community support by ramping up online giving and opening the new donation drop off centre.

In response to these changes, our funders, volunteers, donors, staff, and survivors demonstrated incredible commitment to ending gender-based violence. We are so grateful for the investment each of these groups made in Anova’s work.

The pandemic intensified the effects of systemic oppression. In the spring of 2020, Anova’s Board made a commitment to deepen relationships with Black communities and to inclusive, responsive leadership. This work cannot succeed unless we are dedicated to co-creating safer spaces for diverse communities within our organization. As an organization that has kept its doors open throughout the pandemic, and as an organization that believes survivors unequivocally, we are confident in our ability to make our spaces safer and more inclusive.

Together, we can make systemic change and end gender-based violence.

Kerry McGladdery Dent | Chair
“Thank you for all the help and support for myself and my children. I am so thankful that we have this fresh start and we all feel safe. We are continuing to heal and for that I am forever grateful.”
The availability of accessible, high security emergency shelter and rent-geared-to-income medium security housing is a core need for survivors of gender-based violence.

Over the past year, the strict safety protocols to reduce the risk of COVID-19 were carefully implemented to ensure that survivors could still benefit from trauma-informed care while accessing a safe bed. And while social distancing requirements meant reduced shelter capacity, turning individuals away was not an option. Through the support of the City of London, additional space was made available for clients to find safety and support.

A PEEK AT THE DETAILS

288 women and dependents (and 39 pets) resided in shelter and safe spaces
60 tenants housed in second stage housing
Strategic collaborations are critical for social and systems change.

With the City of London, Anova created The Safe Cities Action Plan with the goal of making London a city where women, girls, nonbinary and trans individuals, and survivors access public spaces and freely participate in public life without fear or experience of sexual violence. We sought to learn more about the impacts of COVID-19 on gender-based violence service access and in collaboration with Ending Violence Canada, developed a national survey that found the COVID-19 pandemic had exacerbated the pandemic of gender-based violence.

We’re now working with the Muslim Resource Centre for Social Support and Integration to create a culturally integrative response for Muslim families who experience domestic and intimate partner violence. And under the guidance of Amanda Kennedy, Anova is working toward truth, reconciliation and allyship to empower change and inclusion.

In our strategic plan that kicked off in April 2020, there are two goal areas: Leadership and Relationships. These partnerships are part of the progress we’re making in connecting with other organizations to create change.

A PEEK AT THE DETAILS
9+ new strategic collaborations advancing change

“My counsellor was incredibly supportive with a warm, friendly personality who led me to make my own decisions. I have gained more confidence in myself and more compassion for myself.”

SURVIVOR
Support services including the crisis line, court support, counselling and outreach are critical components of supporting survivors.

This past year, much of this work was shifted to a virtual format with staff working from home amidst a growing demand for help. This meant that in addition to serving more individuals, sexual assault counsellors also brought the trauma of their clients into their own homes. It also created additional barriers, including lack of technology, internet access and privacy, for survivors to access support.

A PEEK AT THE DETAILS

- 414 individuals supported through the outreach program (11% increase over the previous year)
- 257 transition plans created
- 557 safety plans created
- 7490 crisis and support calls answered

The Family Court Support Program, offering direct support to victims of domestic violence or abuse supported 525 individuals and received 278 referrals. The program is supported by one family court support worker, who helps individuals navigate the family court system, including but not limited to: separation, custody, child support, spousal support, and property division.
Challenging the social norms and patterns that result in gender-based violence and inequality in new and innovative ways is a key piece of building a future without violence.

Anova’s public education programs, typically performed in workplaces, schools and campuses, continued virtually and our social media strategy became heavily focused on our vision and mission reaching more individuals. ManMade, a program all about engaging young men to be part of the solution, began reaching even more people outside of London and Ontario.

Additionally, in collaboration with Family Centres London and Strive, we created A Caregiver’s Guide to Teaching the ABCs of Consent. This guide provides caregivers with the tools to teach, model, and support kids as they come to know themselves and live in harmony with others from infancy through childhood. Reaching even more people with education was made possible by the launch of our podcast, Peace by Piece. Each episode contains meaningful and educational conversations with experts and innovators about what makes a world without violence.

A PEEK AT THE DETAILS

5666 participants in prevention education workshops/trainings
500+ shares of A Caregiver’s Guide to Teaching the ABCs of Consent
900 plays Peace by Piece season 1

“... I now believe I have experienced childhood trauma, and deal with PTSD – I would never have said that prior to counselling. You are doing a really good job. I am thankful for you.”

SURVIVOR
THANK YOU VOLUNTEERS

Volunteers are key to connecting survivors with programs and services, like the crisis line. While gathering restrictions meant that these highly trained and skilled volunteers could not give their time during the pandemic, so many people reached out offering their support in whatever way was possible. When you give your time and skills, you play a vital role in moving us all towards a future without violence. And, with restrictions easing, we look forward to welcoming these warm and skilled folx back to Anova.

GIFTS MAKE CHANGE

With donor support, individuals make change, voices that are often silenced are given space to share, and ultimately, folx are empowered to stop the cycle of violence. Thank you to the donors whose financial support and friendship are extending a helping hand.

In addition to financial gifts, donations of personal items, clothing, baby items and other new and gently used items help support survivors in shelter and in residences. Acceptance of these items was paused at the start of the pandemic to ensure that donations could be accepted safely. Then Auburn Developments, Copp’s Buildall and Drewlo Holdings stepped up to provide a new, separate Donation Drop Off space at 1067 Wellington Road in time for the festive season. The donation of this space not only ensured survivors celebrated the season with gifts, a warm festive meal and safe time with family, but also ensured costs were kept down because these donations were able to be safely accepted from individuals and groups in the community.

Thank you to everyone who helped support survivors of gender-based violence this past year. Your generosity is helping to stop the cycle.
“I received a lot of support from the staff at Anova. I came into the shelter very confused with 2 children. My case worker helped me see the importance of taking care of myself. I feel strong, confident and ready to take better care of my kids and myself.”
INVESTING IN HOPE & SAFETY

EXPENSES

- Wellington & Clarke Road Shelters .................................... $3,898,028
- SSH Expenses ..................................... $403,654
- Mine 101 Expenses............................. $136,564
- Horton Services................................. $569,200
- Admin Expenses................................ $555,765

Total Expenses $ 5,563,212
Total Revenue Over Expenditures $676,280

REVENUE

- Ministry of Community & Social Services............................. $3,763,722
- Ministry of the Attorney General .......... $533,953
- City of London........................................ $567,102
- SSH Rent ............................................. $82,691
- Fundraising........................................ $903,145
- Mine 101........................................... $95,832
- Other (incl Tsfs)................................... $293,047

Total Revenue $6,239,492

Note: These figures may not correspond to audited financial statements. This report is available within a reasonable time frame, in accessible formats for all abilities (large print, audio form, etc.) and may be ordered by contacting Chelsey MacIachlan Wormald at 519.642.3003 ext. 2252 or chelseym@anovafuture.org
LEADERSHIP IN ACTION

Kerry McGladdery Dent • Chair
Lawyer • Polishuk Camman & Steele

Karen Bellehumeur • Co-Vice-Chair
Sexual Abuse Lawyer • Bellehumeur Law

Iris Merino • Co-Vice-Chair
Senior Manager, Retail Strategy & Solutions • TD Canada Trust

Erin Howard • Treasurer / Secretary
Accountant • Renaissance Entrepreneurial Solutions

Shannon Wilson • Past Chair
Client Relationship Executive • Sun Life Financial

Alexandra McCoy
Human Rights / Employment Equity Representative / Women’s Advocate • GM Cami Assembly Plant

Anju Fujioka
Associate Lawyer • Beckett Personal Injury Lawyers

Dina Haddish
Resource & Fund Development Coordinator • Central Community Health Centre

Dustin Delegarde
Finance Manager • Southwest Ontario Aboriginal Health Access Centre

Janet Izumi
Community Representative (Retired)

Katrina Fortner
Communications & Marketing Coordinator • Western Libraries

Marie Fiedler *
Researcher • UWO

Lynne Craven
Head of Public Relations • UROSPOT

Nicole Harding
Western University, Faculty of Social Sciences • Academic Counsellor

Jessie Rodger • Officer
Executive Director

* Resigned August 31, 2020
By supporting survivors of gender-based violence and working to break down structural inequities, Anova is creating a world without violence. Join us.

VISION
An inclusive world of shared power where everyone lives freely without fear of violence.

MISSION
Creating communities of safe spaces, compassion, healing, renewal, hope, and resilience; advocating for social & political change.

CORE VALUES
Grounded in our feminist roots, we value: Equality, Respect, Integrity, Connection & Accountability.
“I’m breaking generational violence because of my courage to break my silence and break the chains of all abuses in my life. A genuine blessing.”

SURVIVOR
We believe survivors.
We work to break down structural inequities.
And we always open the door.
Even when the shelter is full.

24 Hour Crisis and Support Line
519.642.3000 • 1 800.265.1576
255 Horton Street London, ON N6B 1L1
519.642.3003   www.anovafuture.org

Services available in multiple languages including ASL

Every door is the right door:

Emergency Shelters
101 Wellington Rd N6C 4M7
450 Clarke Rd N5W 6H1

Counseling Services & Business Office
255 Horton St E N6B 1L1

Second Stage Housing
1416 Ernest Ave N6E 3R3

Mine 101 - Social Enterprise Women’s Wear Boutique
900 Oxford St E N5Y 5A1
519.453.5550