



anova

TOWARDS SAFER SPACES

2020 – 2021 ANNUAL REPORT

BELIEVING SURVIVORS UNEQUIVOCALLY

message from board chair

The past year was intensely focused on creating safe spaces in the midst of the global COVID-19 pandemic.



This unprecedented challenge created new and compounded risks for folx experiencing gender-based violence and for those who support them. For those living with abusers, staying home for months on end substantially increased the risk and severity of gender-based violence. Our community's need for safe shelter, support and advocacy grew immediately and urgently.

Relying on its strong leadership team and deep-rooted community relationships, Anova pivoted rapidly to ensure continuous safe, trauma-informed support. This required both immediate, ongoing changes to operations, as well as multi-level advocacy with funders, juggling political decisions with the needs of the folx we serve and the unpredictable forces of a relentless virus.

From enhanced safety protocols to shifts in various support mechanisms, Anova made countless changes over the past year, including:

- finding and staffing alternative housing for women and their children;
- keeping our shelter doors open and COVID-safe;
- answering calls on our support line 24/7, regardless of lockdowns; and
- create new opportunities for community support by ramping up online giving and opening the new donation drop off centre.


In response to these changes, our funders, volunteers, donors, staff, and survivors demonstrated incredible commitment to ending gender-based violence. We are so grateful for the investment each of these groups made in Anova's work.

The pandemic intensified the effects of systemic oppression. In the spring of 2020, Anova's Board made a commitment to deepen relationships with Black communities and to inclusive, responsive leadership. This work cannot succeed unless we are dedicated to co-creating safer spaces for diverse communities within our organization. As an organization that has kept its doors open throughout the pandemic, and as an organization that **believes survivors unequivocally**, we are confident in our ability to make our spaces safer and more inclusive.

Together, we can make systemic change and end gender-based violence.

A handwritten signature in black ink, reading "Kerry McGladdery Dent".

Kerry McGladdery Dent | Chair

A photograph of a woman with curly hair holding a baby on a beach. The woman is looking down at the baby with a gentle expression. The baby is wearing a striped shirt. The background is a sandy beach. The entire image is overlaid with a semi-transparent purple filter. A quote is centered over the image, and the word 'SURVIVOR' is written below it.

“ Thank you for all the help and support for myself and my children. I am so thankful that we have this fresh start and we all feel safe. We are continuing to heal and for that I am forever grateful. ”

SURVIVOR

A SAFE BED FOR ALL



The availability of accessible, high security emergency shelter and rent-geared-to-income medium security housing is a core need for survivors of gender-based violence.

Over the past year, the strict safety protocols to reduce the risk of COVID-19 were carefully implemented to ensure that survivors could still benefit from trauma-informed care while accessing a safe bed. And while social distancing requirements meant reduced shelter capacity, turning individuals away was not an option. Through the support of the City of London, additional space was made available for clients to find safety and support.

A PEEK AT THE DETAILS

288 women and dependents (and 39 pets) resided in shelter and safe spaces
60 tenants housed in second stage housing

ADVOCACY FOR CHANGE

Strategic collaborations are critical for social and systems change.

With the City of London, Anova created The Safe Cities Action Plan with the goal of making London a city where women, girls, nonbinary and trans individuals, and survivors access public spaces and freely participate in public life without fear or experience of sexual violence. We sought to learn more about the impacts of COVID-19 on gender-based violence service access and in collaboration with Ending Violence Canada, developed a national survey that found the COVID-19 pandemic had exacerbated the pandemic of gender-based violence.

We're now working with the Muslim Resource Centre for Social Support and Integration to create a culturally integrative response for Muslim families who experience domestic and intimate partner violence. And under the guidance of Amanda Kennedy, Anova is working toward truth, reconciliation and allyship to empower change and inclusion.

In our strategic plan that kicked off in April 2020, there are two goal areas:

Leadership and Relationships. These partnerships are part of the progress we're making in connecting with other organizations to create change.

A PEEK AT THE DETAILS

9+ new strategic collaborations advancing change

“ My counsellor was incredibly supportive with a warm, friendly personality who led me to make my own decisions. I have gained more confidence in myself and more compassion for myself. ”

SURVIVOR

SETTING UP FOR SUCCESS

Support services including the crisis line, court support, counselling and outreach are critical components of supporting survivors.

This past year, much of this work was shifted to a virtual format with staff working from home amidst a growing demand for help. This meant that in addition to serving more individuals, sexual assault counsellors also brought the trauma of their clients into their own homes. It also created additional barriers, including lack of technology, internet access and privacy, for survivors to access support.

A PEEK AT THE DETAILS

414 individuals supported through the outreach program (11% increase over the previous year)

257 transition plans created

557 safety plans created

7490 crisis and support calls answered

The Family Court Support Program, offering direct support to victims of domestic violence or abuse supported 525 individuals and received 278 referrals. The program is supported by one family court support worker, who helps individuals navigate the family court system, including but not limited to: separation, custody, child support, spousal support, and property division.

TEACHING & LEARNING

Challenging the social norms and patterns that result in gender-based violence and inequality in new and innovative ways is a key piece of building a future without violence.

Anova's public education programs, typically performed in workplaces, schools and campuses, continued virtually and our social media strategy became heavily focused on our vision and mission reaching more individuals. ManMade, a program all about engaging young men to be part of the solution, began reaching even more people outside of London and Ontario.

Additionally, in collaboration with Family Centres London and Strive, we created A Caregiver's Guide to Teaching the ABCs of Consent. This guide provides caregivers with the tools to teach, model, and support kids as they come to know themselves and live in harmony with others from infancy through childhood. Reaching even more people with education was made possible by the launch of our podcast, Peace by Piece. Each episode contains meaningful and educational conversations with experts and innovators about what makes a world without violence.

A PEEK AT THE DETAILS

5666 participants in prevention education workshops/trainings

500+ shares of A Caregiver's Guide to Teaching the ABCs of Consent

900 plays Peace by Piece season 1

“ I now believe I have experienced childhood trauma, and deal with PTSD – I would never have said that prior to counselling. You are doing a really good job. I am thankful for you.”

SURVIVOR

COMMUNITY STEPS UP

our donors & volunteers

THANK YOU VOLUNTEERS

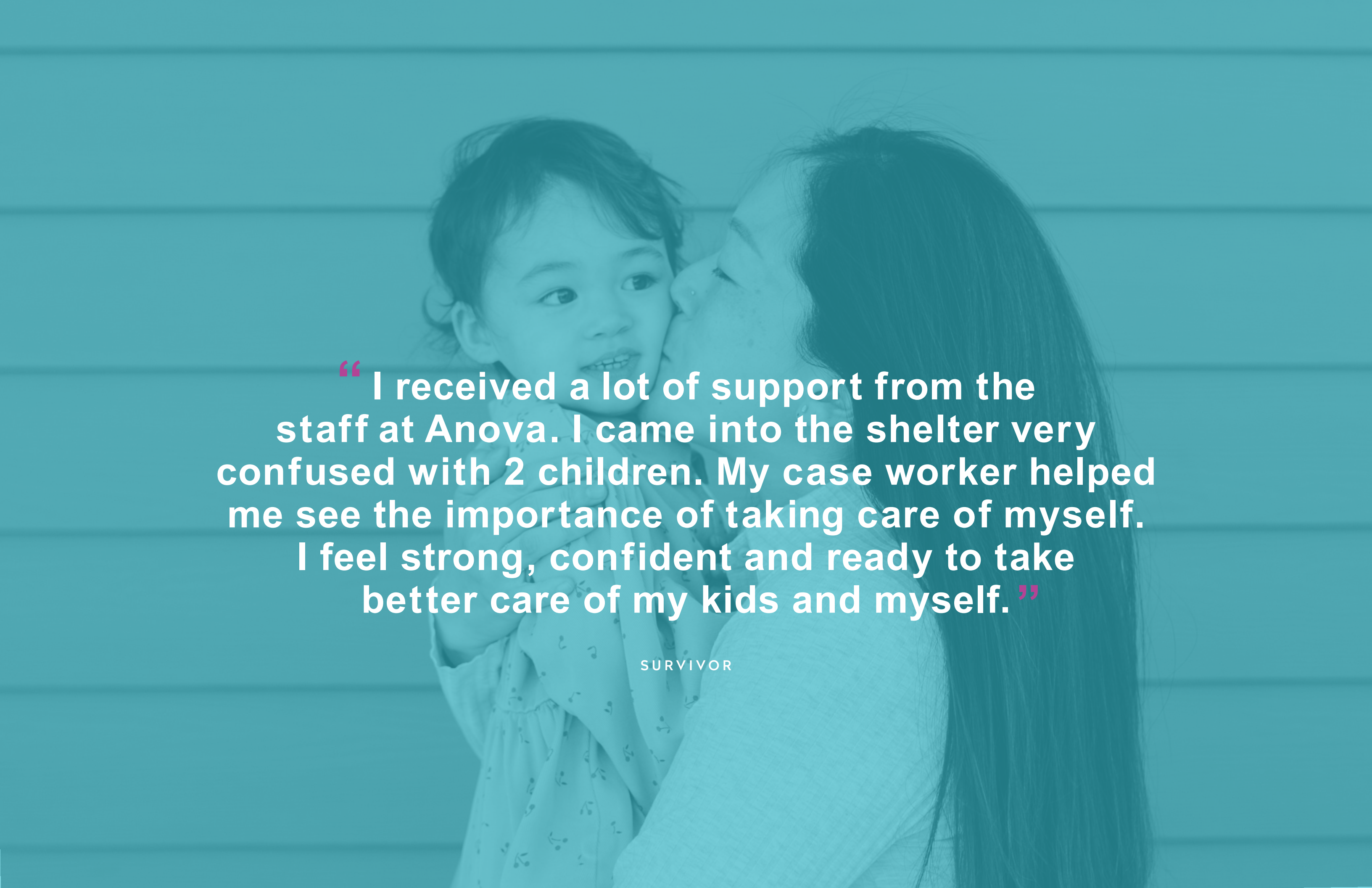
Volunteers are key to connecting survivors with programs and services, like the crisis line. While gathering restrictions meant that these highly trained and skilled volunteers could not give their time during the pandemic, so many people reached out offering their support in whatever way was possible. When you give your time and skills, you play a vital role in moving us all towards a future without violence. And, with restrictions easing, we look forward to welcoming these warm and skilled folx back to Anova.

GIFTS MAKE CHANGE

With donor support, individuals make change, voices that are often silenced are given space to share, and ultimately, folx are empowered to stop the cycle of violence. Thank you to the donors whose financial support and friendship are extending a helping hand.

In addition to financial gifts, donations of personal items, clothing, baby items and other new and gently used items help support survivors in shelter and in residences. Acceptance of these items was paused at the start of the pandemic to ensure that donations could be accepted safely. Then Auburn Developments, Copp's Buildall and Drewlo Holdings stepped up to provide a new, separate Donation Drop Off space at 1067 Wellington Road in time for the festive season. The donation of this space not only ensured survivors celebrated the season with gifts, a warm festive meal and safe time with family, but also ensured costs were kept down because these donations were able to be safely accepted from individuals and groups in the community.

Thank you to everyone who helped support survivors of gender-based violence this past year. Your generosity is helping to stop the cycle.

A photograph of a woman with long dark hair kissing a young child on the cheek. The child is looking towards the camera. The image is overlaid with a semi-transparent teal filter. The text is white and centered over the image.

“ I received a lot of support from the staff at Anova. I came into the shelter very confused with 2 children. My case worker helped me see the importance of taking care of myself. I feel strong, confident and ready to take better care of my kids and myself. ”

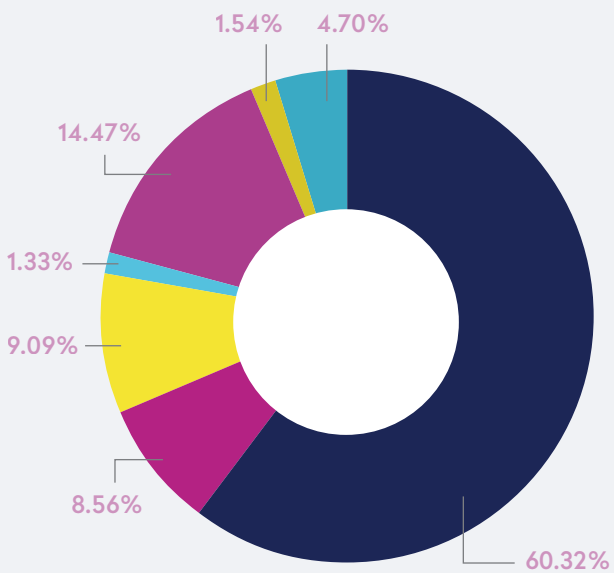
SURVIVOR

INVESTING IN HOPE & SAFETY

REVENUE

● Ministry of Community & Social Services.....	\$ 3,763,722
● Ministry of the Attorney General.....	\$ 533,953
● City of London.....	\$ 567,102
● SSH Rent.....	\$ 82,691
● Fundraising.....	\$ 903,145
● Mine 101.....	\$ 95,832
● Other (incl Tsfs).....	\$ 293,047

Total Revenue \$6,239,492

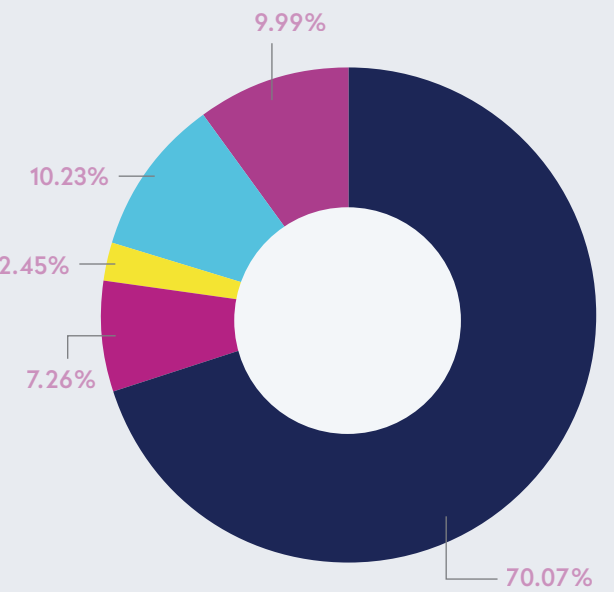


EXPENSES

● Wellington & Clarke Road Shelters.....	\$ 3,898,028
● SSH Expenses.....	\$ 403,654
● Mine 101 Expenses.....	\$ 136,564
● Horton Services.....	\$ 569,200
● Admin Expenses.....	\$ 555,765

Total Expenses \$5,563,212

Total Revenue Over Expenditures \$676,280



Note: These figures may not correspond to audited financial statements. This report is available within a reasonable time frame, in accessible formats for all abilities (large print, audio form, etc.) and may be ordered by contacting Chelsey Maclachlan Wormald at 519.642.3003 ext. 2252 or chelseym@anovafuture.org

LEADERSHIP IN ACTION

our board

BOARD OF DIRECTORS

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Head of Public Relations • UROSPOT

Nicole Harding

Western University, Faculty of Social Sciences • Academic Counsellor

Jessie Rodger • Officer

Executive Director

* Resigned August 31, 2020

VISION MISSION CORE VALUES

By supporting survivors of gender-based violence and working to break down structural inequities, Anova is creating a world without violence. Join us.

VISION

An inclusive world of shared power where everyone lives freely without fear of violence.

MISSION

Creating communities of safe spaces, compassion, healing, renewal, hope, and resilience; advocating for social & political change.

CORE VALUES

Grounded in our feminist roots, we value:
Equality, Respect, Integrity, Connection & Accountability.



SHELTER



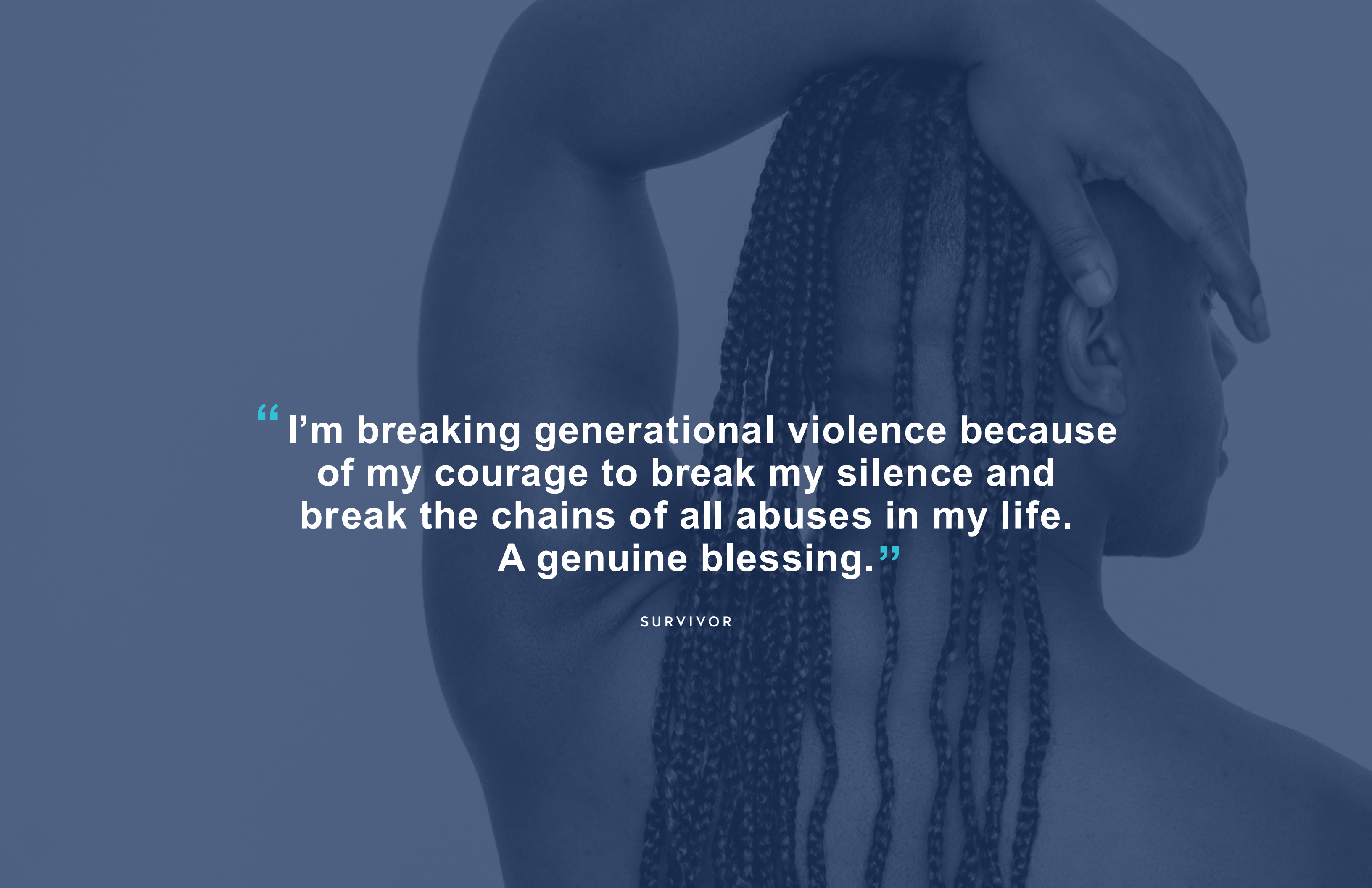
ADVOCACY



SUPPORT



EDUCATION

A person with long, dark braids is shown from the chest up, holding their head with both hands. The image is in a dark, monochromatic blue tone. The person's face is partially visible in profile, looking upwards. The background is a solid dark blue.

**“I’m breaking generational violence because
of my courage to break my silence and
break the chains of all abuses in my life.
A genuine blessing.”**

SURVIVOR

**We believe survivors.
We work to break down structural inequities.
And we always open the door.
Even when the shelter is full.**

24 Hour Crisis and Support Line

519.642.3000 • 1 800.265.1576

255 Horton Street London, ON N6B 1L1

519.642.3003 www.anovafuture.org

Services available in multiple languages
including ASL

Every door is the right door:

Emergency Shelters

101 Wellington Rd N6C 4M7

450 Clarke Rd N5W 6H1

Counseling Services & Business Office

255 Horton St E N6B 1L1

Second Stage Housing

1416 Ernest Ave N6E 3R3

Mine 101- Social Enterprise Women's

Wear Boutique

900 Oxford St E N5Y 5A1

519.453.5550



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