



DISCLOSURE TRAINING

Practical Tools for Professionals Responding to Disclosures of Gender-Based Violence

TRAINING OVERVIEW

The experience of gender-based violence (GBV) is common and widespread. As health professionals, being ready to respond sensitively and helpfully to a disclosure is imperative.

Disclosure Training provides practical tools for professionals to respond to disclosures of gender-based violence in a survivor-centred and trauma-informed way. Participants obtain an increased understanding of gender-based violence from an intersectional, trauma-informed lens.

Disclosure Training first provides a deep understanding of key principles: dynamics of GBV-related trauma, red flags that someone may be experiencing GBV, and a trauma-informed service design. We then build upon this knowledge by introducing practical tools to implement trauma-informed service design. Participants will learn how to build trust, respond sensitively, and collaborate with clients when handling disclosures of violence while remaining survivor-centred and trauma-informed.

*Two hour training
Cost recovery fee applies*

REGISTRATION & INQUIRIES

Contact Anova Public Education
Education@AnovaFuture.org

LEARNING OUTCOMES

- Increased knowledge of the dynamics involved in GBV
- Increased ability to identify warning signs and risk factors of GBV
- Increased understanding of the impacts of trauma on behaviour
- Practical skills to sensitively respond to disclosures and direct to appropriate services

MODULES

Understanding Trauma

What is trauma
Types of trauma
Common trauma reactions

Risk Factors & Warning Signs

Understanding contexts
What to listen for
How to express concern

Trauma-Informed Care

Building trust
Creating opportunities for choice
Responding to disclosures
Empowering the survivor