

OUR NEEDED ITEMS

May 2022

Anova accepts new and gently used items. Reducing costs through donations from the public helps ensure our essential services continue to be FREE for those we serve.

FOOD AND KITCHEN NEEDS

- small jars of peanut butter & jam
- snack and juice boxes
- instant coffee
- cooking oils
- quinoa
- reusable water bottles

RESIDENT NEEDS

- lightweight women's pajamas, sizes S to 2X
- lightweight kid's pajamas, sizes 8 to 14
- toddler shoes, sizes 6 to 10
- youth shoes, sizes 11 to 13 and 1 to 6
- warm weather slippers - all sizes
- kid's underwear

SHELTER NEEDS

- shampoo & hand lotion
- batteries - C & D
- sunscreen
- toilet paper
- laundry detergent

GIFT CARDS

- we could really use **grocery store** gift cards this month!

OTHER WAYS TO HELP

- Follow us on social media **@anovafuture**
- Tune into our podcast, **Peace by Piece**

Donation Centre: 1067 Wellington Road S.

DONATION PROCEDURES DURING COVID-19

Due to the ever changing circumstances around Covid-19, please check www.anovafuture.org/donations for the most up to date information about donation hours.

Any questions? Contact Joanne at 519-642-3003 x 2266 or joanneo@anovafuture.org
24 Hour Crisis & Support Line 519-642-3000