



# BYSTANDER INTERVENTION TRAINING

Practical Tools to Get Involved and Actively Intervene as a Bystander

## TRAINING OVERVIEW

Bystander intervention is the ability to know what to do when a situation arises that requires assistance or interruption. One may witness gender-based violence (GBV) and harassment in their everyday life, and being able to recognize and safely intervene is essential both for the survivor and to the person intervening.

Bystander intervention training provides practical tools to intervene when witnessing harassment and GBV. Participants will obtain an increased understanding of bystander intervention and will learn how to intervene in a way that is survivor-centered. Key areas of this training include indicators of harassment, intervention tools, and practice scenarios that allow participants to build the skills they have learned.

*Customizable & adaptable to your group  
Flexible scheduling including evenings & weekends*

## REGISTRATION & INQUIRIES

Contact Anova Public Education  
[Education@AnovaFuture.org](mailto:Education@AnovaFuture.org)

## LEARNING OUTCOMES

- Increased ability to recognize when intervention is required
- Increased understanding of bystander intervention
- Increased knowledge of intervention tools
- Practical skills to provide survivor-centered intervention

## MODULES

### What are you looking for?

Indicators

The stats

### What can you do?

Bystander intervention

Why people don't intervene

The main goal

The 5 D's

### Let's Practice

Practice scenarios

### What to do afterwards

Responses to intervening

The impacts of intervention

Supports and resources