



How old do I have to be to volunteer?

15yrs for most roles. 18yrs for Crisis Line



I am a survivor can I still volunteer?

Yes! Your lived experience will aid you in providing great support to the work we do.



Do you have any virtual volunteer opportunities?

Generally we do not have virtual volunteer opportunities.



I used Anova services in the past, can I be a volunteer?

Yes but we do ask you wait 2 years from your exit date from Anova before applying to volunteer for confidentiality and safety protections.



What are the hourly expectations?

8-10hrs per month (12hrs for Crisis Line)



What happens after I apply?

You will be invited to an interview where we can get to know each other a little more.



What are your qualification expectations?

If you meet our minimum age requirement for the role we will provide all the training needed to ensure you feel prepared and equipped for your role.



What training is provided/required?

For Support Roles (Child-Care, Kitchen Support, Mine 101 Retail, Donation Support):

One 2hr training session about Anova and Understanding Trauma, online document/policy review and on-site orientation for the specific role.

Crisis Support Roles (Crisis & Support Line)

24hrs (3hr sessions) In-Class Training, online document/policy review and 24hrs (3hr sessions) on-site orientation on the Crisis Line

Events & Fundraising

Document & Policy Review.