# Crisis Line Volunteer

#### Why Crisis Line?

Crisis Line is often the first point of contact for many survivors. You get to be that kind voice who cares. You get to honour the courageous act of asking for help. You play an integral role in the healing tone of someone's journey!

## **Requirements:**

- 18+ yrs of age
- 24hrs of in-class Training
- 18hrs of On-Site Orientation
- Provide 12hours of Support per month.



## **Training Provided**

Gender-based Violence Foundations Responding to Trauma Anti-oppressive Practice

Suicide Intervention
Safety Planning
Duty to Report
Harm Reduction

And More...

### **Our Commitment to you**

At Anova we promise to provide a safe(r) space where you can use your skills and passions in your volunteer role. We will ensure there is support and opportunity for learning and growth. We commit to providing an experience that is mutually beneficial.

