



# anova

# OUR NEEDED ITEMS

# FEBRUARY

Anova accepts new and gently used items. Reducing costs through donations from the public helps ensure our essential services continue to be FREE for those we serve.

## FOOD AND KITCHEN NEEDS

- ground coffee & coffee mate
- snacks for school lunches
- juice boxes
- cereal
- cooking oil
- crackers
- jam
- new or gently used cutlery
- can openers
- paring knives
- electric frying pans
- kettles with on-off switch
- toaster
- instant pot and rice cooker

## SHELTER NEEDS

- green & clear garbage bags
- toilet paper
- paper towels
- twin sized sheets & blankets
- laundry detergent
- size 5 and 6 diapers
- baby wipes
- tampons

## RESIDENT NEEDS

- winter pj's children size 3 to 16
- winter pj's women size sm to XL
- women's underwear - small
- women's sweatpants/sweatshirts - L/XL
- women's & children's hats, gloves, mittens
- 2024 personal day planners



ADULT BUS TICKETS



HAND WARMERS

**Donation Centre: 1067 Wellington Road S.**  
**Tuesdays and Thursdays, Noon to 3:00 pm**

Up-to-date information can be found at [www.anovafuture.org/donations](http://www.anovafuture.org/donations)

Any questions? Call 519-642-3003 x 2266 or email [donations@anovafuture.org](mailto:donations@anovafuture.org)  
24 Hour Crisis & Support Line 519-642-3000