



anova



OUR NEEDED ITEMS

April

Anova accepts new and gently used items. Reducing costs through donations from the public helps ensure our essential services continue to be FREE for those we serve.

FOOD AND KITCHEN NEEDS

- coffee/coffee whitener
- school snacks
- cooking oil
- gluten-free non-perishables
- bottled water, juice, pop
- gently used small kitchen appliances
- gently used cutlery, kitchen utensils and bowls
- gently used cookware

SHELTER NEEDS

- new/gently used pillows
- gently used twin/single sheets and blankets
- green garbage bags
- laundry detergent
- toilet paper
- coloured tape eg painter's tape

RESIDENT NEEDS

- NEW women's pj's Sm-2XL
- NEW women's small underwear
- NEW bras - all sizes
- wet wipes and baby wipes
- 2024 calendars
- journals
- outdoor games/activities
- spa gift sets (Mother's Day)
- loot bag type gifts for kids eg. cards, spinners, etc.



movie passes



bus tickets



please note: we are no longer in need of winter clothing

Navigating the world of donations can be a delicate balance of generosity and consideration.

To streamline the process and ensure efficiency, we kindly request donors to **be mindful of the condition of their items**. Please ensure donated clothes are thoroughly dry, and avoid donating items that have been through extreme conditions.

Your mindfulness not only saves valuable time but also ensures that every donation makes a meaningful impact.

Thank you for your understanding and continued support of Anova

Donation Centre: 1067 Wellington Road S.
Tuesdays and Thursdays, Noon to 3:00 pm

Up-to-date information can be found at www.anovafuture.org/donations

Any questions? Call 519-642-3003 x 2266 or email donations@anovafuture.org
24 Hour Crisis & Support Line 519-642-3000