



Duties:

Help the cooks
prepare meals and
baking

Stock Cupboards
Ensure cleanliness of
kitchen

Organize food
donations for access

Requirements:

15+ yrs of age
Pass Interview
Criminal Reference
Check
4 shifts per month

We Provide:

Online Training
On-Site Orientation
Open invitation to
additional internal
volunteer training.

Kitchen Volunteer

You get to create a safe atmosphere and provide healing through nutrition and interaction with residents in the shelter.

Hours available:

Monday-Friday between
11am and 4:30pm (2-2.5hr
shifts)

Our Commitment to you

At Anova we promise to provide a brave space where you can use your skills and passions in your volunteer role. We will ensure there is support and opportunity for learning and growth. We commit to providing an experience that is mutually beneficial.

Anova values the contribution of all folks of all identities. Anyone is welcome to apply.